



Neighbourhood Watch

# Neighbourhood Watch

August, September  
and October 2022



## Kureelpa, Dulong & Mapleton Newsletter.

Next meeting: Tuesday, 9 August 7:00pm (AGM) - Kureelpa and Dulong Community Hall

### Police Report - from Senior Constable Peter Murphy , Nambour Police

#### 1. Traffic Complaint

Policelink have received information through the online Suspicious Activity form at 1420 hours on the 22/04/2022. This information was in relation to speeding vehicles. Nambour, Palmwoods & Road Policing have been made aware of these issues, with patrols being conducted as resources allow.

#### 2. Traffic Crash

A vehicle was travelling eastbound along Dulong Road when the driver has lost control, probably due to the condition of the road (wet/slippery). The vehicle skidded onto the nature strip, hitting a rock and a tree before coming to rest.

Although the crash was serious enough for the airbags to be deployed, there was no injury to the driver. It is possible the driver was speeding, however he denies this and there is no direct evidence to support this. The road was slippery as it was raining at the time of the incident and the condition of the road is average. The roadway is narrow, and it is a rural area. Police could see where the driver has veered onto grass at the side of the road and has then travelled some distance on the nature strip, striking a large rock and a tree. There was no damage to any personal property.

Police obtained a version from the driver of the vehicle, where he cited the condition of the road and weather conditions as the reason for the accident. As there was no other vehicles involved, no damage to personal property, no injuries to any person and no direct evidence to support any infringement, Police have taken no further action.

#### 3. Break & Enter.

Informant states that they locked and secured their dwelling before they went to bed at 11:30 hours on 24/05/2022. At the time their vehicle was locked and secured on the driveway. They went to collect some items from their vehicle at approximately 06:30 hours on 25/05/2022 and they noticed the timber front door was ajar, the vehicle was missing from the driveway and property including the vehicle keys had been stolen from the bench in the kitchen. This matter is still under investigation.

### Nambour Police Station Update

The 28<sup>th</sup> of June saw Nambour Police move into the new police station on Currie Street. The brand-new state of the art facility is long overdue and very welcome. Hopefully the much larger station will see an increase in police numbers in the not-too-distant future.

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## Neighbourhood Watch - Area Coordinator's Message.

We are constantly bombarded with bad news: war in the Ukraine, economic inflation, climate change, new COVID variants, school shootings, Foot & Mouth disease on our doorstep, and the list goes on. It is entirely normal to be worried and saddened by all of this negativity, and it does affect people. Elsewhere in this issue we introduce the important matter of mental health first aid.

Despite all of the bad news, around the world problems are being resolved and advancements are made. In many ways, life has improved since we were young. We are surrounded by many decent, helpful and productive people. Further, many of these major world issues currently have almost no effect on us and are well beyond our ability to influence anyway.

However, we can definitely improve our local community. Here we have the ability to make a real tangible difference. That can be as simple as helping a sick neighbour, tidying up some rubbish or assisting with a local club. By focusing on what we can reasonably comprehend and influence we are helping the people around us as well as ourselves.

The Annual General Meeting of the Kureelipa-Dulong-Mapleton Neighbourhood Watch will take place from 7pm on Tuesday the 9th of August. We always welcome new participants and there are opportunities to become constructively involved in our community.

Jack Foley

## Mental Health - Neighbours supporting each other

### R U OK? Day - Thursday September 8

R U OK? encourages everyone to meaningfully connect with the people around them (family members, workmates, friends and neighbours) and start a conversation with those in their world who may be struggling with life.

You don't need to be an expert to reach out - just a good friend or neighbour, and a great listener. Do you have a feeling that someone you know or care about it isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it.

Use these four steps and have a conversation that could change a life:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in.

R U OK? have FREE resources including tips and tools about how to navigate an R U OK? Conversation.  
<https://www.ruok.org.au/every-day-resources>

### Queensland Mental Health Week - 8 to 16 October

Queensland Mental Health Week is a reminder that we all have mental health. When you look after your wellbeing, your family, friends and **neighbours**, your communities are uplifted too. Queenslanders will be asked to take some time to foster their mental wellbeing with the new theme 'Awareness, Belonging, Connection'. The "Dear Mind" initiative emphasises that taking some 'me time' is important. And it also helps strengthen your mental wellbeing.

### Useful resources

<https://mentalwellbeing.initiatives.qld.gov.au/>  
<https://www.qldmentalhealthweek.org.au/find-help/>



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## Local Fundraiser Event - UNHCR for Ukraine

A fundraising event is being organised for Sunday August 28 at Mapleton State School Hall. Proceeds will be distributed to the UNHCR (United Nations High Commissioner for Refugees), to specifically benefit refugees from the Russian invasion and attacks on Ukraine.

UNHCR are delivering aid and support to people forced to flee. Inside Ukraine, UNHCR has been rolling out emergency cash assistance as well as delivering core relief items such as blankets, sleeping mats and emergency shelters – and more supplies are on their way.

You are encouraged to financially support this worthy cause and attend the fundraising event if possible.

Further information will be available on the [MapletonQueensland.com.au](http://MapletonQueensland.com.au) website.

# Feral Cats

Sunshine Coast Council Fact Sheet information (current as at July 2021)-

## Your cat = Your responsibility

**When a cat becomes part of your family you become responsible for its health, welfare and the impact it has on your surrounding community.**

### Contain your cat

Cats need to be contained to their property at all times. This may mean you need to adjust your fencing or build a cat enclosure if you want your cat to exercise outside.

There is a wealth of information on the internet on how to contain your cat on your property.

Contrary to popular belief, cats don't have to roam. Providing their basic needs are met, cats can enjoy longer and healthier lives when confined inside or in an enclosure. Cats which roam from their property are at risk of being run over, attacked by other cats or dogs or going missing.

**If your cat is found wandering from your property you may receive a fine of \$275.**

If your cat is impounded, in addition to a fine, you may face an impound fee of \$160 and daily care and sustenance fees of \$46 which are required to be paid before your cat can be released.

### Desex your cat

Desexing your cat will not only help reduce the unwanted pet population but also reduces your registration fee and helps keep your cat safe.

Desexed cats can live a happier, healthier life. They are generally less likely to get diseases such as urine infections, mammary and ovarian diseases in females and perineal hernias, testicular and prostate cancer in males.

Your cat's 'normal' behaviour will remain unaffected. Desexing commonly reduces behaviour problems such as roaming, aggression, mounting and spraying in males.

In females it eliminates heat cycles, mating behaviour and false pregnancy.

### Microchip your cat

Cats can be escape artists when it comes to wearing a collar. Microchipping your cat is the surest way to ensure it can be returned to you if it is found roaming.

Officers who collect roaming cats will do their best to return it home in the first instance, however too many cats are not microchipped and this often means they have to go to the pound to wait for their owner.

In accordance with the *Animal Management (Cats and Dogs) Act 2008* all cats and dogs born after 1 July, 2009 must be microchipped.

**If you do not microchip your pet you may receive a fine of \$275.**



### Register your cat

On 21 August, 2014 Council passed a resolution to uphold cat registration for the Sunshine Coast Council region. If you own a cat it must be registered with council.

**If you do not register your cat you may receive a fine of \$275.**

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# Heart of the Nation

Approximately **27,000** Australians will suffer a Sudden Cardiac Arrest (SCA) each year.

Around **75-80%** of cardiac arrests occur at home.

Defibrillation within the first few minutes increases the chances of survival, **to over 70%**.

## Heart of the Nation Networks

Time is of the essence when it comes to responding to Sudden Cardiac Arrest - knowing where to find an AED (defibrillator) in these situations could save precious minutes - or seconds.

Heart of the Nation is an initiative that recognises businesses, organisations and community groups who demonstrate that they take the prevention of sudden cardiac death seriously by having a AED on site.

By displaying an A5-sized "Heart of the Nation" door or window sticker on every entry to the location with an AED, communities will be able to quickly identify Heart of the Nation Members who have publicly available AED's, should they need one.



AEDs are located at **Mapleton IGA** and **Mapleton Bowls Club / Community Gym**.

## Heart of the Nation Communities

This program is being championed by Greg Page (the "Yellow Wiggle") and RACQ. Greg's life was saved by an onsite AED in January 2020.

Heart of the Nation Communities aims to get one AED within 200 metres of all homes in the community AND get neighbours to respond to events when they occur via an app - saving more lives.

### How it works -

Firstly a person in the street community becomes an "AED Host" or "Community Ambassador" to help raise funds and decide on the best location for the new community AED. Each home puts in money (about \$75 each across 40 homes). Communal ownership is one of the most affordable ways to own an AED, PLUS it gives you rapid response to additional responders.

If you like the idea of your street or neighbourhood becoming a Heart of the Nation Community AND you are prepared to host an AED on your property, either on your front porch, front fence, garage wall or some other place where others can access it if needed, then sign up to become an AED host. If you like the idea of your street or neighbourhood becoming a Heart of the Nation Community, but you are not in the best location to host an AED (e.g. end of the street, or don't have anywhere to house an AED), then you can become a Community Ambassador to get the community on board for the project, and find a suitable location for the AED.

Further information is available at -

<https://www.heartofthenation.com.au/racq> and <https://www.heartofthenation.com.au/the-program>

## Alcohol and Mental Health

People with, or who are at-risk of, a mental health condition, are more likely to use alcohol, and may have worse symptoms after drinking.

Of Australians aged between 16 and 85 years of age, one in five (20%) will experience a mental health condition, and one in twenty (5%) will experience an alcohol or other drug use issue in any year.

The relationship between alcohol and mental health is complex. Some people may drink alcohol to relax or help cope with daily stresses; however, alcohol is a depressant drug that can cause anxiety and increase stress. Alcohol can negatively affect thoughts, feelings and actions, and contribute to the development of, or worsen, existing mental health issues over time.

In summary, while alcohol might be a common coping strategy, it is not an effective solution. Alcohol is a depressant drug that can affect our mental health and wellbeing and damage our bodies over both the short and long-term.

The National Health and Medical Research Council recommend to reduce the risk of harm from alcohol-related disease or injury, healthy men and women:

- drink no more than 10 standard drinks a week; and
- drink no more than 4 standard drinks on any one day.

The less you drink, the lower your risk of harm.

Assistance can be obtained from the Alcohol and Drug Support Line available 24/7 by calling 1800 198024. Alcohol management programs include:

- "Hello Sunday morning",
- Daybreak and
- "Sober in the Country".

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## WANTED

“Blockie” for Leigha Place, Kureelipa.

Kureelipa, Dulong and Mapleton Neighbourhood Watch are looking for someone to deliver about 26 newsletters along Leigha Place. The run takes about 30 minutes to complete. Newsletters are delivered four times a year. This will ensure ongoing delivery.

Please contact Annie Aitken 0409 760 907

## Kureelipa and Dulong Community Hall

Our community hall, situated at the corner of Jewett Road and Mapleton/Nambour Road, has continued to provide a place for locals to gather for many reasons.

For bookings, please phone: 0422576389 (Di) or 0403336589 (Jan) to ask for details or Email: kureelpahall@gmail.com.

The Mapleton Community Choir held two recitals at the hall: ‘SONGS OF AMERICA’ on **Friday 27th May** and again on **Sunday 29th May**. Both concerts were well attended and thoroughly enjoyed by those present.

The Annual General meeting for the Kureelipa and Dulong Community Hall Committee will occur on Tuesday 16 August 2022 at 6.30 pm for a 7 pm start. Anyone interested in supporting the hall is encouraged to come along to the meeting.

## Mapleton Hall and Sportsground

### Permanent bookings :—

#### Monday

Barre and Fitness from 5.15 pm

#### Tuesday

Chimes 10am

Pre-Junior Ballet and Dance from 3.30pm

Junior Soccer (also Thursday) from 3.30 pm

Pilates 6.15 pm

#### Wednesday

Mindful Slow Flow Yoga 8.45am

Junior Ballet and Dance from 4pm

#### Thursday

Precision Yoga 9am

Range Youth Choir 3.30pm

Tap 5.15pm

Dance Fitness 6pm

#### Friday

Buff Bones Pilates 8.30am

Kindy Ballet 9.15am

Kindy Acrobatics 9.45am

#### Sunday

Fusion 7am

Yoga 8am

### Monthly:

“Singing Circles” 3<sup>rd</sup> Sunday (afternoon)

Mapleton Markets 4<sup>th</sup> Saturday 8-12pm

For hall bookings contact **Lindsey Wareham 07 5445 7253** website: **www.mapletonhall.org**.

There are a few vacancies — in particular, Mondays till 5 pm. We are again looking forward to HOSTING another “Festival of Small Halls” musical event later this year — date and times are yet to be confirmed.

### Hall improvements and maintenance -

Recently, a SCRC MAJOR GRANT has assisted with funding towards the complete and thorough preparation, restoration and painting of the hall’s exterior walls, plus all exterior and interior wooden timberframes.

## NHW Contacts:

Area Coordinator

Jack Foley 0488 036 007

Deputy Area Coordinator

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Rosemarie Gready 5441 5256

Zone Coordinator Kureelipa

Annie Aitken 0409 760 907

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Shane Josey 0417 601 745

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## Kureelipa and Mapleton

### Rural Fire Brigades



For fire safety in your area: [www.ruralfire.qld.gov.au](http://www.ruralfire.qld.gov.au)

The Mapleton and Kureelipa brigades are seeking volunteer fire-fighters. Training and personal protective equipment is provided. Contact the First Officers for more information.

#### Fire Wardens and First Officers.

Dulong Warden (Don McIntyre) 5441 2538

Kureelipa Warden (Garrie Scott) 5476 0281

Kureelipa First Officer (Steve De Vere) 0408 710 156

Mapleton Warden and 1<sup>st</sup> Officer (Geoff Noble) 0499 778 806



## Who do you call?

### Call 000 if:

- The crime is happening now.
- When your life or property is in immediate danger
- When the event is time critical, for example a fire that concerns you.

### PoliceLink 131 444

Call this number if the crime is not happening now, is not life threatening or there is no likelihood of the suspected offender still being in the area. Used for non-urgent reporting and enquiries.

### CrimeStoppers 1800 333 000

This is a community program that helps people to provide anonymous information about criminal activity.